

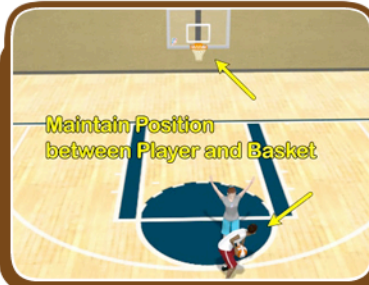


Coaches' GAME PLAN



Skills

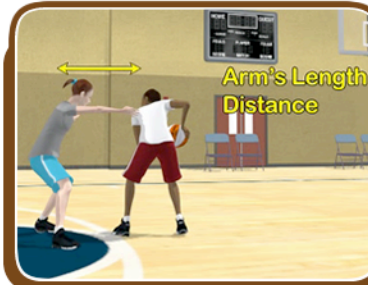
On the Ball



01



Maintain position between player with ball and the basket.



02



Keep arm's-length distance from player with ball.



03



Focus on opponent's midsection.



04



As player dribbles, quickly slide feet to beat her to the spot.



05



If her opponent picks up the ball, she should apply more pressure.



06



She can crowd her, block passing lanes and yell that the ball is "dead."

Notes:

Blank area for notes.